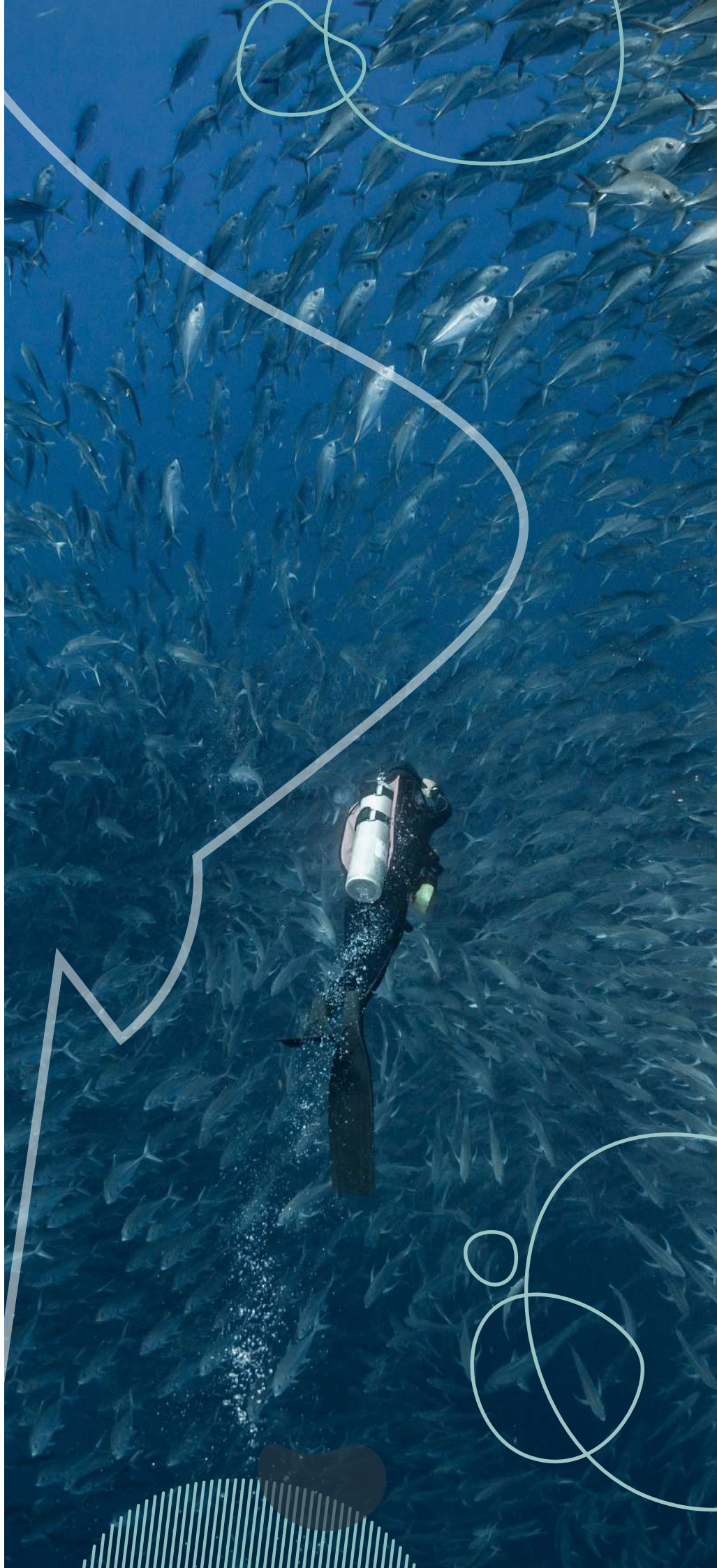


BAJA CALIFORNIA SUR

THE ALL-ROUND ITINERARY



Trip organised by Te Moana Expeditions S.L.
C.I.F. B-75679423, travel agency registered with
the Generalitat de Catalunya.





COME AND DISCOVER THE WORLD'S AQUARIUM

Sea of Cortés: An explosion of nature.

A 12-day adventure through what the famous oceanographer Jacques Cousteau called “the aquarium of the world.” Its great biological diversity, exceptional beauty, and habitat of endemic species led UNESCO to declare it a Natural World Heritage Site in 2005.

Baja California Sur is a dream destination. In addition to everything its waters offer, whether those of the Sea of Cortez or the Pacific Ocean, we will enjoy the mythical desert landscapes, its paradisiacal white sand beaches with turquoise waters, the warmth and hospitality of its people, and the colonial architecture of the historic city of La Paz.

We could spend several weeks in Baja California Sur without ceasing to be amazed for a single day, but since most of us don't have that much time, we have prepared an itinerary that will take us to the three must-visit places no ocean lover should miss. The welcoming and vibrant city of La Paz, from which we can access diving spots like the famous sea lion colony at Isla Espíritu Santo, the Cabo Pulmo reserve, designated a UNESCO-protected natural area, and Puerto San Carlos, a traditional fishing village from where we will reach the magical Magdalena Bay.





TRAVEL SCHEDULE

From 2nd to 11th of December, 2025

Day 1 (2nd December, Tuesday)

Arrival in La Paz. Assistance at the airport and transfer to Cabo Pulmo. Rest of the day free. Overnight in bungalow type accommodation.

Day 2 (3rd December, Wednesday)

Day of 4 dives in the natural reserve of Cabo Pulmo at points to be determined. Overnight in bungalow type accommodation.

Day 3 (4th December, Thursday)

Day of 2 dives in the Cabo Pulmo nature reserve at points to be determined. In the afternoon, transfer to La Paz and check-in at the hotel. Overnight at Hotel 7 Crown Centro.

Days 4 and 5 (5th and 6th December)

3 dive days departing from La Paz. Picnic lunch on board. Rest of the day free. Overnight at Hotel 7 Crown Centro.

Day 6 (7th December, Sunday)

Free day. Various activities will be offered, either water or land tours. Overnight at 7 Crown Centro Hotel.

Day 7 (8th December, Monday)

Free morning to enjoy La Paz. In the afternoon transfer to Puerto San Carlos and check-in at the hotel. Overnight at Hotel Brennan.

Days 8 and 9 (9th and 10th December)

Days of authentic expedition. We will spend the day aboard the typical 'pangas' in search of the marine life that Magdalena Bay has to offer. Picnic lunch on board. Rest of the day at leisure. Overnight at Hotel Brennan.

Day 10 (11th December, Thursday)

At the agreed time, transfer to La Paz airport (LAP) for your return flight. End of services provided.

*The itinerary could be modified in case weather conditions do not allow it or the flights suffer schedule changes. It is not possible to guarantee the sighting of the planned species. They are wild animals and we cannot always predict exactly where to find them.



WHAT'S INCLUDED IN THIS TRIP?

Services included:

- 2 nights of accommodation in Cabo Pulmo in a shared double room (bungalow type to be determined). B&B basis.
- 4 nights of accommodation in La Paz (Hotel 7 Crown Centro) in a shared double room. B&B basis.
- 3 nights of accommodation in Puerto San Carlos (Hotel Brennan) in a shared double room. B&B basis.
- 6 dives in the Cabo Pulmo reserve.
- 6 dives at different diving spots departing from La Paz. In case of bad weather, alternative activities will be offered at no extra charge. Includes picnic-style meals on board and non-alcoholic beverages.
- 2 days of boat trips in Magdalena Bay (snorkeling and/or freediving). In case of bad weather, alternative activities will be offered at no extra charge. Includes picnic-style meals on board and non-alcoholic beverages.
- Park fees and local taxes.
- Experienced diving guides.
- Tanks and weights for all dives.
- All transfers mentioned in the program.
- Travel and diving assistance insurance.

Services not included:

- National and international flights.
- Meals not mentioned in the itinerary.
- Scuba diving and snorkeling equipment rental.
- Personal expenses and tips (€100 recommended).
- Cancellation insurance (ask for prices).
- Any item not mentioned in "Services included".



PRICES AND PAYMENTS

PRICE PER PERSON: 2.650€*

* The price of the combined trip has been calculated according to the exchange rates, transport rates, fuel costs, taxes and fees applicable at any given time. Any substantial variation in the price of the aforementioned elements may lead to a revision of the final price of the trip.

Calendars and payment methods:

- a) Initial deposit of 30% of the total amount at the time of booking.
- b) Second payment of 40% of the total amount 3 months before the start of the trip.
- c) Third payment. Remaining amount, 40 days before the start of the trip (including air fees).

(The amount paid as an "initial deposit" to reserve a place on the trip WILL NOT BE REFUNDABLE in the event of cancellation by the client for any reason whatsoever. In case of cancellation or cancellation insurance, the Insurance Company will be in charge of examining the cancellation or cancellation policy. y tramitar la cancelación.)

By bank transfer:

- Bank: WISE
- Account holder: Carlu travel LLC
- Account number: IBAN: BE46 9050 6680 6836
- BIC/SWIFT: TRWIBEB1XXX
- Reference: 02 "NAME" & "SURNAME"

General cancellation conditions:

The cancellation conditions will apply based on the date the cancellation is made relative to the departure date.

- 12 months before departure: 10% of the total trip price + penalty amount set by the airline for the plane ticket if issued.
- From 12 to 6 months before departure: 50% of the total trip price + penalty amount set by the airline for the plane ticket if issued.
- From 6 to 2 months before departure: 75% of the total trip price + penalty amount set by the airline for the plane ticket if issued.
- Less than 60 days before departure: 100% of the total trip price.

Insurance:

The trip includes travel, assistance, diving (including hyperbaric chamber) and water sports insurance. The insurance policies are subscribed with Dive&Travel Solutions, S.L.U. In no case will Te Moana Expeditions, S.L. be responsible for intermediating with the insurance company in the event of a claim.



WHAT WILL YOU DISCOVER ON THIS TRIP?

Located between the Sea of Cortez and the Pacific Ocean, BAJA CALIFORNIA SUR is one of Mexico's most cherished paradises for tourists, especially those who love the sea and underwater life.

This wonderful destination enjoys an enviable climate, with most days being sunny and beaches that are less crowded compared to those in southeastern Mexico.

The state is one of the least populated in the country, and although its population grows slowly, the majority of residents are concentrated in cities, particularly Loreto and La Paz, its capital.

Baja California Sur has established itself as an eco-tourism destination, offering the enjoyment of the contrast between the inland and the coast. Each season of the year presents unique spectacles, such as whale watching, diving with sea lion pups, or the Mexican "Sardine Run," among others.

In the following pages, you'll discover which of these adventures we will pursue during this thrilling journey.





CABO PULMO

It is a small village, a former fishing town, which serves as the center of Cabo Pulmo National Park. Located right on the Tropic of Cancer, it has become a high-quality ecosystem and one of the most important areas of the Sea of Cortez. Its significance lies in the vast number of species inhabiting the area and in hosting the only living coral reef in the entire Baja California Peninsula and the Sea of Cortez.

Due to its ecological importance and to protect it from overfishing, a group of Cabo Pulmo residents organized and, with the support of the Autonomous University of Baja California Sur, petitioned federal authorities to designate this marine area as a Protected Natural Area.

Thanks to this initiative and the joint efforts of the local community, scientists, civil society organizations, and municipal, state, and federal governments, a marine reserve was established in Cabo Pulmo on June 6, 1995. The reserve covers an area of 7,111 hectares, designated as a National Park.

Unlike other places in the world, in 25 years

of protection, Cabo Pulmo's coral reef has recovered from overfishing, becoming the marine area with the highest concentration of fish in the entire Gulf of California.

The diversity and abundance of marine species are primarily due to Cabo Pulmo's location in a transitional zone where temperate and cold waters converge. The area is home to 226 species of fish, 11 species of hard coral, and an incalculable number of invertebrates and algae, as well as frequent visits from large marine mammals such as whales, dolphins, sea lions, and whale sharks. This represents approximately 70% of all marine species in the Sea of Cortez.

The fact that this ecological marvel has been part of the National System of Protected Areas since 1995 and a National Park since 2000 has resulted in limited tourist development, a sparse population, and only basic services. In the waters of this exceptional reef, which spans three bays (Las Barracas, Cabo Pulmo, and Los Frailes), a great diversity of flora and fauna thrives. Notably, endangered species find protection here, including five species of marine turtles. Depending on the season, the area also becomes a hotspot for sightings of large marine species: whales, whale sharks, mobulas, sea lions, and massive schools of pelagic fish.

This natural wealth has been recognized internationally. In 2005, Cabo Pulmo was included on UNESCO's World Natural Heritage List, and in 2008, it was added to the RAMSAR List of Wetlands of International Importance. Cabo Pulmo stands as an example of the ecological and economic benefits provided by healthy ecosystems, becoming one of the premier diving spots in the Mexican Pacific and a key destination for eco-tourism. This reserve has become a global model for marine conservation with the participation of the local community, who continue to promote sustainable tourism development.

Below, we provide detailed information about the most significant diving spots.





DIVING IN CABO PULMO

EL BAJO

El Bajo or El Bajo de los Meros is a truly special reef. Located north of the Cabo Pulmo reef, it measures about 500 meters in length, 30 meters in width, and has an average depth of 16 meters. The place is stunning and impressive, consisting of a narrow strip of rocks cut through by sandy channels.

El Bajo is home to seven different types of coral and hosts the highest concentration of fish in the area: large schools of cabrilla, snappers, flag burritos, yellow snappers, stonefish, pufferfish, and even balloonfish that gather in groups. Additionally, numerous turtles can often be spotted.

In winter, rays of various species reproduce in the sandy areas on both sides of the reef. Almost daily, schools of jacks surround us, trying to evade the jaws of sea lions. Outside the water, schools of golden hawks provide a unique spectacle.

LOS MORROS

This spot is part of the reef located just north of the El Bajo site. Like El Bajo, it has approximately the same depth, although the water is usually a bit colder due to its proximity to the canyon.

This dive features various groups of rocks separated by sandy areas.

We find a large concentration of fish, some coming from El Bajo, but also many surprises: huge rays and groupers, schools of jacks, and mackerels. In winter, it is common to encounter strong currents, allowing experienced divers to do a drift dive. At times, the same current lets us “fly” from Los Morros to El Bajo, combining both sites in a single dive.



JURELES

Without being a specific dive site, the enormous tornado of jacks roams freely throughout the Cabo Pulmo reserve.

A dive where a massive school of jacks moves in synchronized harmony, delighting any diver. There's no need to go deeper than 5 meters to enjoy the experience.

LAS CASITAS

Las Casitas is a special dive spot because it hosts the only caves that can be found in the park. The place resembles an aquarium. Inside, you can find beautifully stunning corals as well as a wide variety of fish. It's also common to spot a turtle that has made one of the caves its permanent home. In the sand, you can see plenty of rays and garden eels. Its maximum depth is 16 meters.

EL VENCEDOR

On a sandy seabed at a depth of 16 meters, we find this wreck known as El Vencedor. It is a 30-meter-long tuna boat that collided with the reef in 1981 and sank slowly. Little remains of it today, but it has become an excellent reef that hosts a large variety and abundance of marine life. This dive is undoubtedly the most sought after due to the high probability of encountering bull sharks swimming peacefully around the remains of the wreck.

EL CIEN

It consists of a reef approximately 800 meters long and 25 meters wide and, as its name suggests, it is 100 feet deep, which is about 30 meters. Coral is not abundant, and there is less marine life compared to the previous dive spots, but with a bit of luck, we may encounter tuna, groupers, large snappers (dog snapper), or bull sharks.

LA ESPERANZA

In the south of Cabo Pulmo, La Esperanza is a dive site for the most experienced and a place full of surprises. The activity here is relentless, and it seems as though all the fish are constantly chasing or being chased. It is somewhat deeper than the other reefs (around 20 meters), and although there is slightly less coral, you can spot just about any species: golden trevallies, tunas, the massive jacks, sharks of various kinds (including bull and tiger sharks), and more.





LA PAZ

Visiting La Paz is synonymous of connecting with nature. Discover how the desert blends with the sea and explore landscapes filled with wildlife in a unique setting. La Paz is surrounded by incredible places, including some of Mexico's most beautiful beaches, a few of which are UNESCO World Heritage Sites.

Its art, culture, and nature are just some of the attractions that will steal your heart, not to mention the kindness and hospitality of its residents.

It's no coincidence that this destination is so popular, even among the most discerning Mexican tourists.

Although this trip focuses on marine life, you simply can't leave La Paz without wandering through its cozy and colorful historic center, strolling along its "malecón" (seafront promenade), enjoying its rich culinary offerings, or witnessing a sunset on one of its paradisiacal beaches.

In the following pages, you'll find details about the places we will visit during the trip, along with suggestions to make the most of your free time.





LOS ISLOTES

To the north of Isla Espíritu Santo lies the largest sea lion colony in the Gulf of California. It is estimated that around 300 individuals live in Los Islotes alone.

Females and juveniles tolerate human presence quite well. They often allow swimmers and divers to approach within a few meters, and sometimes even approach them on their own. However, the males are less friendly, displaying more aggressive behavior when trying to ward off these unwelcome intruders.

Since 2017, Mexico's National Commission of Natural Protected Areas has restricted access to the Los Islotes colony from June to August. This is because these months mark the mating and breeding season, during which their privacy, so well-deserved, must be respected. This period is crucial for the species' conservation.

From La Paz to Los Islotes, the journey takes a little over 60 minutes by boat. This distance is hardly an effort, as the breathtaking landscapes of Isla Espíritu Santo are a feast for the eyes.

If conditions allow, three dives with these friendly companions will be carried out during our stay in La Paz. The diving depth ranges from 5 to 15 meters.



RESERVA DEL TIBURÓN BALLENA

The Bay of La Paz welcomes dozens of whale sharks every year. Observing them in their natural habitat and even swimming alongside them is a spectacular experience. The whale shark feeds by filtration, meaning that when it opens its enormous jaws, it absorbs everything nearby, then closes them, expels the water, and filters it through its gills. The high concentration of plankton in the reserve is what attracts them to the area each year.

They can be found near Puerto de Ilusión from mid-October to late May, and we can swim with them in small groups, making this experience an adventure to remember for a lifetime. This activity, along with diving in the sea lion colony, will be the highlight of our stay in La Paz.

SWANEE REEF

This natural reef, located south of Espíritu Santo Island, is famous for being the site of the shipwreck of the ferry El Salvatierra, a wreck we will discuss in the next section. It is located a short distance from the port of La Paz and is well-known for the large number of fish that attract sea lions and seabirds. Additionally, you can find nudibranchs, octopuses, rays, and moray eels.

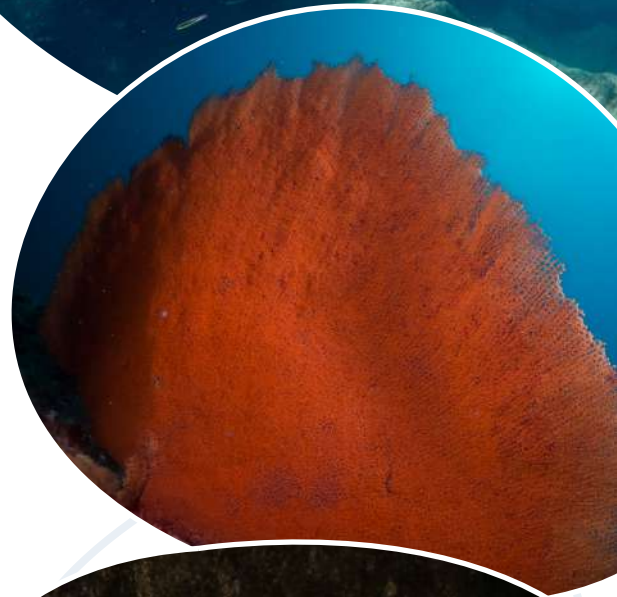
This reef is one of the favorite diving spots for underwater photographers due to its brightness and excellent visibility. The depth is approximately 10 meters.

EL SALVATIERRA

This shipwreck is the result of a ferry that sank in 1976 after accidentally striking the natural Swanee Reef. Fortunately, there were no human casualties.

Today, the Salvatierra is one of the most visited diving spots in La Paz.

Its structure, 100 meters in length and about 15 meters in beam, is ideal for sheltering various species such as cabrillas, snappers, and moray eels, among others. On the sandy bottom, it is also possible to find torpedoes and small rays. The maximum depth of this dive is 18 meters.





SAN RAFAELITO

It is a rock that serves as a marker for the lighthouse that overlooks it. This spot is also home to another colony of sea lions. On the surface, we can see, in addition to the lighthouse, some sea lions in their typical lazy posture perched on the rocks. During the dive, we may also observe them resting as they float in the sun, and we might even encounter some juvenile individuals eager to play with us.

Once focused on the reef floor, we will enjoy the tapestry of various corals and different Pacific species, such as sergeant fish, angelfish, wrasses, or octopuses, among others.

At this dive site, the depth ranges from 5 to 25 meters.

FANG MING

This shipwreck, also known as the "Chinese Wreck," was carrying 88 illegal immigrants towards the coast of California. After drifting due to a mechanical failure, it was intercepted by the Mexican Navy.

In 1999, it was donated to be sunk off the coast of La Paz to create an artificial reef.

This wreck is famous for the turtles that inhabit it, as well as the abundance of black coral and marine life found both around and inside it, which is easily accessible.

The ship lies on a sandy bottom at a maximum depth of 22 meters.



BAHÍA MAGDALENA

Hidden in the heart of the Baja California Sur peninsula lies a magical place, far from civilization. Magdalena Bay is a wilderness area of immense ecological importance due to its vast array of terrestrial and marine species. The bay is just a three-hour drive from La Paz, on the Pacific Ocean side. A bay teeming with so much life that it has become a frequent destination for professional photographers and explorers from major productions such as National Geographic, the BBC, or Discovery Channel, among others.

This gem is the ideal site for a great variety of species to thrive and live. All this is made possible by unique natural conditions, such as the confluence of two ocean currents: the cold current from Alaska and a warm current from the tropical south.

This meeting of waters creates conditions that generate abundant nutrients, attracting and supporting the growth of species such as yellowfin tuna, sardines, red snapper, crab, ray, corvina, marlin, sharks, and turtles, among others, not to mention birds. It is also the most important sanctuary for sardines in the North Pacific.

Every autumn, massive bait balls made up of millions of sardines gather miles off the bay's coast, creating one of nature's most astonishing spectacles: the migration of the striped marlin (*Tetrapturus Audax*). These fish, among the fastest and most agile on the planet, work together to drive the sardine balls to the surface, where they hunt them.



...AND BESIDES DIVING?

Activities that are definitely the icing on the cake!

RANCHO SAN LORENZO

With spectacular views of the Coyote Mountains and Espiritu Santo Island, San Lorenzo offers horseback riding in the mountains or on the beach. Without a doubt a complementary activity that will put the 'icing on the cake' on your trip.



VUELO EN HIDROAVIÓN

Fly over the bay of La Paz while supporting the scientific community in studying the behaviour of marine wildlife.

The experience involves a ride aboard a Quad City Challenger 2 seaplane in which, in addition to enjoying incredible bird's eye views, you will be able to contribute to the development of sustainable management plans for marine ecosystems.



PASEO POR LA PAZ

Walk through its main streets and visit historic buildings such as the Velasco Garden, the Juarez Theatre, or the Cathedral of Our Lady of La Paz. Continue the tour along its boardwalk, where you will find 12 bronze sculptures honouring the sea.



GASTRONOMÍA LOCAL

We can't leave Mexico without eating some typical local tacos. We recommend Taqueria El Paisa, a popular restaurant located in the centre of La Paz.

We also suggest a dinner to enjoy seafood and fresh fish cooked in a traditional way with an avant-garde twist. In addition, the NIM restaurant is frequented by sea lovers like us, which will make the place a more welcoming atmosphere.



BALANDRA AND TODOS LOS SANTOS EXCURSION

A day to see other wonders of Baja California Sur

On this excursion, we will have the best view of Balandra Beach and visit the authentic Mexican town of Todos los Santos.

About 30 minutes from the city of La Paz lies Balandra Beach, which has fairly strict visiting hours. However, the best views are not found there but from the high hills surrounding it. After about a 30-minute hike, we will reach the top of the hill, where the various shades of blue and turquoise, contrasted with the mountains, make this one of the most beautiful beaches in all of Mexico.

Next stop, an hour and a half away, is the town of Todos Santos, home to the famous “Hotel California” and its market. Here, we’ll have the opportunity to enjoy a traditional Mexican meal.

In this wonderful town, we have another activity we simply cannot miss. Who wouldn’t love to watch baby turtles take their first steps toward the sea?



CARLU DIVE TRAVEL

MORE INFORMATION AND RESERVATIONS:



+56 9 5637 6727



Info@carludiveandtravel.com